

FALL 2009

CE PROGRAMS

for nurses, rehab therapy professionals,
respiratory therapists, social workers,
and case managers



BALLARD REHABILITATION EDU

Exceptional Outcomes for Rehab
and Medically Complex Patients:

How We Do It

10/28 Ethics

11/03 Diabetes

11/10 Pulmonary Rehab

Ballard Fall 2009 CE Series Programs

ETHICS: Professionals helping families work through end of life decisions.

**Wednesday,
October 28**
7:30AM – 9:00AM

CREDIT: 1 Contact Hour
REGISTRATION FEE:
Waived

FACULTY

Robert Wolf, M.D., Assistant Professor, Rush Medical College; Medical Director Sub-Acute, Ballard Rehabilitation
Clint Moore III, MDiv, PhD, Clinical Ethicist, Center for Clinical Ethics, Advocate Lutheran General Hospital
Kavita Sachdev, RN, BSN, Ballard Rehabilitation

DIABETES: Taking control of your life.

**Tuesday,
November 3**
7:30 - 9:00 AM

CREDIT: 1 Contact Hour
REGISTRATION FEE:
Waived

FACULTY

Steven Wolfman, D.O., Board Certified, Internal Medicine; Maine Ridge Medical Associates; Vice President, Medical Affairs, Ballard Rehabilitation
Kenneth J. Kortas, BS Pharmacy, PharmD; Senior Diabetes Regional Medical Liason U. S. Medical Affairs, Aventis Pharmaceuticals; American Diabetes Association Northern Illinois/Northern Indiana Leadership Board
Jane Kobogo, MS, RD, LDN; Dietitian, Ballard Rehabilitation

PULMONARY REHAB: Assisting Patients to regain swallowing & speaking function.

**Tuesday,
November 10**
7:30 - 9:00 AM

CREDIT: 1 Contact Hour
REGISTRATION FEE:
Waived

FACULTY

John Maks, M.D., Internal Medicine, Geriatrician; Clinical Instructor, University of Chicago Pritzker School of Medicine; NorthShore University HealthSystem Liason, Ballard Rehabilitation
Mishail Shapiro, D.O., FOAHO-HNS, ENT Section Chair St. Francis Hospital, Evanston IL.
Debra Sanders, CRT, Director of Respiratory, Ballard Rehabilitation
Laura Schecker M.A. CCC-SLP Speech Therapist, Ballard Rehabilitation

Learn how Ballard Rehabilitation patients achieve outstanding medical and rehab outcomes.

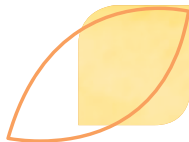
- We are specialists in transitional care for medically complex patients.
- Our clinical staff is highly trained and experienced.
- Our rehab therapists know how to work within the limitations of complex conditions to improve function.
- We are a uniquely skilled and collaborative team customizing each patient's care plan to effectively integrate medical treatment, rehabilitation, and innovative environments that simulate real-life settings and situations.
- Our patients make exceptional progress medically and functionally, going home sooner and staying there longer.

Ballard's team-based integration of all interventions— clinical, therapeutic, and social—produces positive outcomes for Ballard patients, one person at a time.

clinical



therapeutic



social

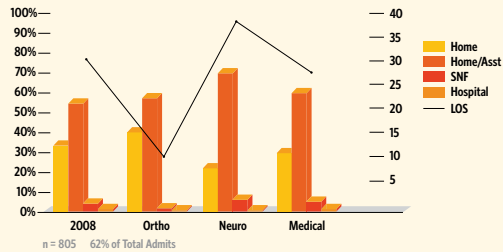
Choose from among programs that challenge contemporary healthcare professionals.

Ballard's Fall 2009 CEU Series covers a range of high-priority topics for acute and long-term care issues we manage with innovative, effective approaches.

- **ETHICS** explores how experienced professionals - Ethicist, Physician, and Registered Nurse, collaborate on working with patients and their families on evaluating treatment options and when efforts are futile moving towards end of life decisions.
- **DIABETES** reviews the serious complications associated with this condition and outlines methods of teaching self monitoring, health, fitness and diet management along with a unique overview of pharmacologic interventions and delivery systems.
- **PULMONARY REHAB** is a leading edge integrated program that focuses on recovering speaking and swallowing function through the interventions of Physician, ENT, Respiratory and Speech Therapy by concentrating on diagnosis, underlying condition, and treatment.

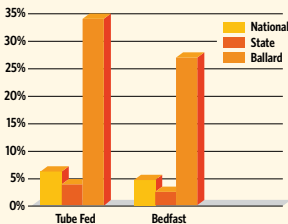
Proven results demonstrate how effective Ballard's uniquely customized and collaborative approach to care can be.

Rehab: Discharge Status & Length of Stay



Ballard's integrated approach addresses medical, rehab, and social issues in concert, and that means nearly 90% of patients go home sooner, independently or with assistance.

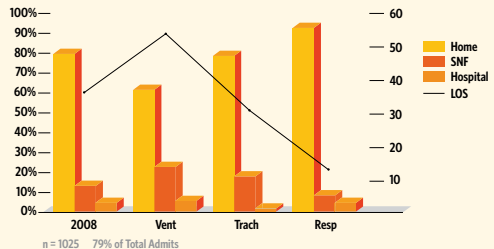
Prevalence of Clinical Complexity



Source: CMS, Facility Quality Measure/Indicator Report, 2008

The high volume of patients with complex conditions prevalent at Ballard pose unique challenges for the healthcare team in establishing trust when dealing with acceptance of futile efforts and recognizing the need for end of life strategies.

Respiratory: Discharge Status & Length of Stay



Ballard's respiratory patients overwhelmingly are discharged to home—often in 30 days or less. Even ventilator-dependent patients typically go home in under eight weeks.

Space is limited. Register today for Ballard's Fall 2009 CE Programs.

ONLINE at www.ballardrehabilitation.com/edu.aspx

EMAIL register@ballardrhb.com

PHONE 847-294-2341

**ATTENDEES WHO
PRE-REGISTER WILL
BE ELIGIBLE TO
WIN UP TO \$100**

REGISTRATION FEES are waived. Participants must preregister to be eligible for prize drawings and must be present to win up to \$100.

PROGRAMS INCLUDE continental breakfast, continuing education presentations, and materials.

All programs are held at Ballard Rehabilitation

9300 Ballard Road, Des Plaines, Illinois 60016

FROM THE SOUTH: 294 North, exit Dempster East, left onto Potter, right on Ballard

FROM THE NORTH: 294 South, exit Golf Road, turn left on Golf, right on Potter, left on Ballard

FROM THE EAST: Edens Expressway, exit Dempster West to Greenwood, right on Greenwood, left on Ballard

FROM THE WEST: Route 14 west to Dempster, left on Potter, right on Ballard



Programs are co-provided with Oakton Community College, who will provide continuing education credit for nursing home administrators, social workers, dietitians, respiratory therapists, occupational therapists, and speech therapists.